**Shaker Maker**

* + - * You will need:
				+ a fillable container like an empty water bottle or smaller Tupperware.
				+ Something noisy to fill the container

Examples: dry beans, dry rice, beads, rocks/gravel, dry small pasta

* + - * + Something to secure your container shut (optional depending on how reckless you’re feeling)

Examples: rubber bands, hair ties, string

* + - * Making your shaker:
				+ 1. Fill your empty container with your noise making materials.
				+ 2. Secure the container shut with its lid and with any other securing materials you have available
				+ 3. Shake to your heart’s content!